

Week One

Week One	Lunch				Supper			
Day	Option 1	Option 2	Option 3	Pudding	Option 1	Option 2	Pudding	Soup
Sunday	Roast beef and vegetables	Roasted vegetables	Jacket potato and salad	Apple and blackberry crumble	High Tea	Cornish cream teas		Cream of vegetable
Monday	Sausage plait and new potatoes	Vegetable plait and new potatoes	Jacket potato and salad	Stewed fruit	High Tea	Cheese scones	Strawberries and cream	Chicken and vegetable
Tuesday	Vegetable lasagne and garlic bread	Leek and bacon potato bake	Jacket potato and salad	Crème caramel	High Tea	Bacon sandwich	Eton mess	Cream of tomato
Wednesday	Cottage pie	Tomato and basil pasta	Jacket potato and salad	Sticky toffee pudding	High Tea	Crumpets	Ice cream	Spiced lentil
Thursday	Chicken stew and dumplings	Creamy mushrooms	Jacket potato and salad	Tiramisu	High Tea	Quiche	Jelly	Sweet potato
Friday	Fish, chips and peas	Cod in parsley sauce	Jacket potato and salad	Chocolate sponge and custard	High Tea	Sausage rolls	Fresh fruit	Pea and ham
Saturday	Pasty	Corned beef hash	Jacket potato and salad	Mousse and fresh fruit	High Tea	Pizza	Mousse	Broccoli and stilton

All served with seasonal vegetables

